

## PERSONAL INFORMATION

Horhat Ioana Delia



Timisoara

Sex Female | Date of birth 26.11.1978 | Nationality Romanian

## WORK EXPERIENCE

From March 2020-October 2020 - medical director at Timisoara Municipal Emergency Clinical Hospital  
From 2016-present - ENT primary care physician at Timisoara Municipal Emergency Clinical Hospital, ENT Clinic  
From October 2013-2016 - ENT primary care physician at Timisoara County Emergency Clinical Hospital, Bega ENT Clinic  
From May 2010 to September 2013 - ENT specialist at Timisoara County Emergency Clinical Hospital, Bega ENT Clinic  
From July 2021- present - Lecturer, Otorhinolaryngology Discipline at U.M.F. "Victor Babeş" Timișoara  
From 2015- July 2021 - University assistant, Otorhinolaryngology Discipline at U.M.F. "Victor Babeş" Timișoara  
From October 2011-2015 - University assistant, Discipline of Cellular and Molecular Biology of UMF. "Victor Babeş" Timișoara  
From March 2004-2011 - University preparator - Discipline of Cellular and Molecular Biology of the U.M.F. "Victor Babeş" Timișoara

## EDUCATION AND TRAINING

Since April 2010 - doctor of medicine - Qualification / diploma obtained - doctor's degree in medical sciences, ENT, U.M.F. "Victor Babeş" Timișoara  
Since October 2013-present - certified ENT primary care physician at Timisoara Municipal Emergency Clinical Hospital, ENT Clinic and Timisoara County Emergency Clinical Hospital, Bega ENT Clinic  
From January 2009 to September 2013 - certified ENT specialist at Timisoara County Emergency Clinical Hospital, Bega ENT Clinic  
From January 2004 December 2008 - ENT Junior Doctor at Municipal Emergency Clinical Hospital, ENT Clinic  
From October 1997 to September 2003 - student, General medicine at U.M.F. "Victor Babeş" Timișoara  
From September 1993 to June 1997 - high school diploma, mathematics-physics profile at Theoretical High School "Avram Iancu" Stei

## PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

|         | UNDERSTANDING  |         | SPEAKING           |                   | WRITING |
|---------|--|---------|--------------------|-------------------|---------|
|         | Listening  | Reading | Spoken interaction | Spoken production |         |
| German  | C1   | C1      | C1                 | C1                | C1      |
|         | Replace with name of language certificate. Enter level if known. |         |                    |                   |         |
| English | B2   | B2      | B2                 | B2                | B2      |
|         | Replace with name of language certificate. Enter level if known. |         |                    |                   |         |

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

Communication skills ▪ good communication skills

Organisational / managerial skills ▪ a good organizational ability, acquired by participating in the organization of numerous congresses

Computer skills ▪ good command of Microsoft Office™ tools

Driving licence ▪ B

## ADDITIONAL INFORMATION

Publications  
Presentations  
Projects  
Conferences  
Seminars  
Honours and awards  
Memberships  
References

- Member of 4 national professional societies:
- member of the Romanian Society of Cell Biology, since March 2004.
  - member of the Romanian Society of Otorhinolaryngology and Cervico-Facial Surgery, since 2005.
  - member of the Romanian Society of Pediatric ENT, since 2009
  - member of the Romanian Rhinology Society, since 2017.

- Scientific research activity
- -7 course / internship support
  - - 47 papers published in full in indexed journals, ISI
  - - 20 papers published in full in indexed journals BDI / B + / B / other journals
  - - 21 papers published in abstracts in volumes of abstracts of some scientific international manifestations
  - - 41 papers published in summary volumes of national events with international / national participation
  - - 1 patent
  - - 7 organized scientific events (2006-2014)

1. **Ioana Delia Horhat**, Nicolae Constantin Balica, Horațiu Constantin Urechescu, Flavia Baderca, Mărioara Poenaru, Caius Ion Doros, Ion Cristian Moț, Eugen Radu Boia, Carmen Aurelia Mogoantă, Alexandru Chioreanu, Alexandru Nicolae Vlăescu, Cristian Andrei Sarău, Rare benign tumor of the larynx – laryngeal amyloidosis, Rom J Morphol Embryol 2018, 59(4):1263–1268 ISSN (print) 1220 – 0522, FI=1,5
2. **Horhat, DI (Horhat, Delia Ioana)**; Muntean, D (Muntean, Delia); Arghirescu, S (Arghirescu, Smaranda); Cerbu, S (Cerbu, Simona); Iacob, D (Iacob, Daniela); Horhat, FG (Horhat, Florin George), Resistance to Anti-infectious Chemotherapies: Risk Factors for Extensively Drug-resistant Strains in Hospitalized Patients, REV.CHIM.(Bucharest), 2019; 70(2): 721-723. ISSN: 0034-7752, FI=1.755
3. Ciuca, IM, Dediu, M, Marc MS, Lukic M, **Horhat DI**, Pop LL, Lung Ultrasound Is More Sensitive for Hospitalized Consolidated Pneumonia Diagnosis Compared to CXR in Children, CHILDREN-BASEL, Vol. 8, Issue 8, Article Number 659, AUG 2021, eISSN 2227-9067, DOI 10.3390/children8080659, FI=2.863
4. Cozma, GV (Cozma, Gabriel Veniamin); Sima, LV (Sima, Laurentiu Vasile); Closca, RM (Closca, Raluca Maria); Baderca, F (Baderca, Flavia); **Horhat, ID (Horhat, Ioana Delia)**; Balica, NC (Balica, Nicolae Constantin); Tischer, AA (Tischer, Alina Andreea); Mot, IC (Mot, Ion Cristian); Malita, DC (Malita, Daniel Claudiu); Marin, A (Marin, Aurel); Sarau, CA (Sarau, Cristian Andrei), Conventional grade 1 chondrosarcoma: a challenging diagnosis with important implications on therapy and prognosis, ROMANIAN JOURNAL OF MORPHOLOGY AND EMBRYOLOGY, Volume 62, Issue 2, Page 605-613, DOI 10.47162/RJME.62.2.30, 2022-02-03, FI=1,033
5. Jianu C, Stoin D, Cocan I, David I, Pop G, Lukinich-Gruia AT, Mioc M, Soica C, Muntean D, Rusu LC, Golet I, **Horhat DI**, Mioc A, In Silico and In Vitro Evaluation of the Antimicrobial and Antioxidant Potential of Mentha x smithiana R. GRAHAM Essential Oil from Western Romania FOODS Volume: 10 Issue: 4 Article Number: 815 Published: APR 2021, eISSN 2304-8158, DOI, 10.3390/foods10040815 4.35 Victor Babes University of Medicine & Pharmacy, Timisoara
6. Jianu, C (Jianu, Calin); Moleriu, R (Moleriu, Radu); Stoin, D (Stoin, Daniela); Cocan, I (Cocan, Ileana); Bujanca, G (Bujanca, Gabriel); Pop, G (Pop, Georgeta); Lukinich-Gruia, AT (Lukinich-Gruia, Alexandra Teodora); Muntean, D (Muntean, Delia); Rusu, LC (Rusu, Laura-Cristina); **Horhat, DI (Horhat, Delia Ioana)**, Antioxidant and Antibacterial Activity of Nepeta x faassenii Bergmans ex Steam Essential Oil, APPLIED SCIENCES-BASEL, 2021, 11(1):442, eISSN: 2076-3417, DOI: 10.3390/app11010442, FI=2,474
7. Jianu C; Golet I; Stoin D; Cocan I; Bujanca G; Misca C; Mioc M; Mioc A; Soica C; Lukinich-Gruia AT; Rusu LC; Muntean D; **Horhat, DI**. Chemical Profile of Ruta graveolens, Evaluation of the Antioxidant and Antibacterial Potential of Its Essential Oil, and Molecular Docking Simulations, APPLIED SCIENCES-BASEL, Volume 11, Issue 24, Article Number 11753, DOI 10.3390/app112411753, Published DEC 2021, 2022-01-07 2,474 FI=2,474
8. Cornelia Marina Trandafir, Alina Andreea Tischer, **Ioana Delia Horhat**, Nicolae Constantin Balica, Adrian Mihail Sitaru, Kristine Guran, Raluca Morar, Flavia Baderca, Emilia Manuela Jifcu, Ion Cristian Moț, Ovidiu Nicolae Burlacu, Marioara Poenaru, Cristian Andrei Sarau, Fortuitous discovery of melanomas in the ENT Department - a histopathological and immunohistochemical study, ROMANIAN JOURNAL OF MORPHOLOGY AND EMBRYOLOGY Vol. 61 No. 4, 2020, DOI: 10.47162/RJME.61.4.18, FI=1.411
9. Pancu, DF (Pancu, Daniel Florin); Scurtu, A (Scurtu, Alexandra) ; Macasoi, IG (Macasoi, Ioana Gabriela); Marti, D (Marti, Daniela); Mioc, M (Mioc, Marius) ; Soica, C (Soica, Codruta) ; Coricovac, D (Coricovac, Dorina); **Horhat, D (Horhat, Delia)**; Poenaru, M (Poenaru, Marioara) ; Dehelean, C (Dehelean, Cristina), Antibiotics: Conventional Therapy and Natural Compounds with Antibacterial Activity-A Pharmac-Toxicological Screening, ANTIBIOTICS-BASEL, Volume: 10, APR 2021, Issue: 4, Article Number: 401 DOI: 10.3390/antibiotics10040401
10. Ion Mot Cristian, Poenaru Marioara, Carmen Aurelia Mogoanta, Anca-Maria Istrate-Ofiteru, Ioana Cristina Opriscan, Cristian Andrei Sarau, Marina Daniela Manescu, Viorela Enachescu, Carmen Adriana Dogaru, Cristina Popescu, Raluca Morar, Nicolae Constantin Balica, **Ioana Delia Horhat**, Head and neck metachronous tumors -

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11. Nicolae Constantin Balica, Adrian Mihail Sitaru, Eugen Radu Boia, **Delia Ioana Horhat**, Ion Mot Cristian, Alexandru Chioreanu, Marioara Poenaru, Laryngotracheal foreign body: chicken neck bone, Journal of International Medical Research 2019, 47(6): 2764-2768 ISSN 0300-0605, FI=1,35

12. Nicolae Constantin Balica, Marioara Poenaru, Maria-Alexandra Preda, Eugen Radu Boia, Ovidiu Nicolae Burlacu, **Ioana Delia Horhat**, Carmen Aurelia Mogoanta, Alexandru Nicolae Vlaescu, Flavia Baderca, Emilia Manuela Jifcu, Cristian Andrei Sarau, Primary tonsillar tuberculosis – case report, Rom J Morphol Embryol 2019, 60(1): 267-271 ISSN (print) 1220 – 0522, FI=1,411

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14. Tanasescu, S (Tanasescu, Sonia); Nitu, R (Nitu, Razvan); Dahma, G (Dahma, George); Pilut, C (Pilut, Ciprian); Diaconu, M (Diaconu, Mircea); Neagoe, O (Neagoe, Octavian); Muntean, D (Muntean, Delia); **Horhat, ID (Horhat, Ioana Delia)**; Dragomir, A (Dragomir, Adriana); Lighezan, D (Lighezan, Diana); Dobrescu, A (Dobrescu, Amadeus), Chemical Composition and Antimicrobial Activity of Essential Oil of Romanian Origanum vulgare, REV CHIM-BUCHAREST, 2019, 70(5):1744-1745 ISSN: 0034-7752, 1,755

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18. Arghirescu, TS (Arghirescu, Teodora Smaranda); Carstea, AM (Carstea, Ada Maria); Oprisoni, LA (Oprisoni, Licinia Andrada); Heredea, ER (Heredea, Elena Rodica); Burlacu, ON (Burlacu, Ovidiu Nicolae); **Horhat, ID (Horhat, Ioana Delia)**; Popoiu, CM (Popoiu, Calin Marius), Type II pleuropulmonary blastoma in a 2-year-old girl: a case report, Rom. J. Morphol. Embryol., 2019, 60(4): 1305-1310, ISSN: 1220-0522, FI=1,411

19. Cristian Andrei Sarau, Daniel Florin Lighezan, Ion Caius Doros, Eugen Horațiu Ștefănescu, Gheorghe Iovănescu, Nicolae Constantin Balica, **Ioana Delia Horhat**, Mărioara Poenaru, The involvement of upper airway in Wegener's granulomatosis – about four cases, Romanian Journal of Morphology and Embryology 2015; 56(2):613–618, ISSN (print) 1220 – 0522, FI=0,81

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22. Horațiu Constantin Urechescu, Nicolae Constantin Balica, Cristian Andrei Sarău, Florin Anghelina, Ioana **Delia Horhat**, Flavia Baderca, Emilia Manuela Jifcu, Eugen Horațiu Ștefănescu, Mărioara Poenaru, Marius Octavian Pricop, Basal cell carcinoma and basosquamous carcinoma, two faces of the same condition?, Romanian Journal of Morphology and Embryology 2018; 59(3): 989-996, ISSN (print) 1220 – 0522, FI=1,5

23. Horațiu Cristian Mănea, Horațiu Constantin Urechescu, Nicolae Constantin Balica, Marius Octavian Pricop, Flavia Baderca, Marioara Poenaru, **Ioana Delia Horhat**, Emilia Manuela Jifcu, Raluca Maria Cloșca, Cristian Andrei Sarău, Bisphosphonates-induced osteonecrosis of the jaw – epidemiological, clinical and histopathological aspects, Romanian Journal of Morphology and Embryology 2018; 59(3): 825-831, ISSN (print) 1220 – 0522, FI=1,5

24. Catan, L (Catan, Liliana); Amaricai, E (Amaricai, Elena); Onofrei, RR (Onofrei, Roxana Ramona); Popoiu, CM (Popoiu, Calin Marius); Iacob, ER (Iacob, Emil Radu); Stanculescu, CM (Stanculescu, Corina Maria); Cerbu, S (Cerbu, Simona); **Horhat, DI (Horhat, Delia Ioana)**; Suciu, O (Suciu, Oana), The Impact of Overweight and Obesity on Plantar Pressure in Children and Adolescents: A Systematic Review, Int. J. Environ. Res. Public Health, 2020, 17(18) **Article Number:** 6600, **eISSN:** 1660-4601 **DOI:** 10.3390/ijerph17186600, FI=2,849

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27. Bagiu, IC (Bagiu, Iulia Cristina); **Horhat, DI (Horhat, Delia Ioana)**; Popescu, S (Popescu, Simona); Horhat, FG (Horhat, Florin George); Pilut, C (Pilut, Ciprian); Nitu, R (Nitu, Razvan); Dahma, G (Dahma, George); Dobrescu, A (Dobrescu, Amadeus); Amaricai, E (Amaricai, Elena); Boruga, O (Boruga, Ovidiu); Bagiu, RV (Bagiu, Radu Vasile), One Year Retrospective Study of Ocular Infection in a Tertiary Care Hospital from Timisoara, REV CHIM-BUCHAREST, 2018 69(10) **Pages:** 2910-2912, **ISSN:** 0034-7752, **FI=1,755**
28. Horhat, RM (Horhat, Razvan Mihai); Vlaicu, B (Vlaicu, Brighita); Bagiu, R (Bagiu, Radu); Putnoky, S (Putnoky, Salomeia); Bagiu, I (Bagiu, Iulia); **Horhat, DI (Horhat, Delia Ioana)**; Szuhaneck, C (Szuhaneck, Camelia); Sinescu, C (Sinescu, Cosmin); Negrutu, ML (Negrutu, Meda Lavinia); Nica, L (Nica, Luminita), A Ten-year Time Laps, Regarding Drug Consumption in the Western Part of Romania, REV CHIM-BUCHAREST, 2018 69(6) **Pages:** 1371-1375, **ISSN:** 0034-7752, **FI=1,755**
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32. Boruga, O (Boruga, Ovidiu); Stanca, HT (Stanca, Horia Tudor); Bagiu, IC (Bagiu, Iulia Cristina); **Horhat, ID (Horhat, Ioana Delia)**; Craciunescu, M (Craciunescu, Mihaela); Cosnita, A (Cosnita, Andrei); Vaduva, DB (Vaduva, Delia Berceanu); Chercota, V (Chercota, Vlad); Milcu, AI (Milcu, Adriana Iuliana); Iovan, C (Iovan, Ciprian), Incidence of Resistance Phenotypes of Escherichia coli Strains Isolated from an Obstetrics and Gynecology Unit Unicentric Prospective Transversal Study, REV CHIM-BUCHAREST, 2018, 69(4):1023-1025, **ISSN:** 0034-7752, **FI=1,755**
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Graduated postgraduate courses:

- Skull base surgery, May 3-6, 2006, Timisoara
- Reconstructive surgery in head and neck oncology, July 7-9, 2006, Timisoara
- Tracheal surgery, May 3-6, 2006, Timisoara
- Initiation course in pediatric ENT endoscopy, 11-12 Nov 2010, Tg. Walls
- Endoscopy in the pathology of the upper aerodigestive tract, 1-12.11.2010, Timisoara
- 2nd Timisoara International course on microsurgery of the middle ear with temporal bone dissection, May 26-28, 2010, Timisoara
- New methods of audiological diagnosis, Ocna Sibiului 12-14.03.2010
- Endoscopy in the pathology of the upper aerodigestive tract, 7-18.11.2011, Timisoara
- III International Course of Middle Ear Microsurgery with Temporal Bone Dissection, 25-27 Apr 2012, Timisoara
- Diagnosis and multidisciplinary management of superior aerodigestive tract neoplasms, 15-26.04.2013, Timisoara